

# Ardal Cenhadaeth Elwy Mission Area

Eglwys Sant Asa  
St Asaph Parish Church

Cadeirlan Llanelwy  
St Asaph Cathedral

Eglwys Santes Fair Cefn  
St Mary's Church Cefn

# Lent



## Lent, Holy Week & Easter 2024

Opportunities for Nurturing  
our Faith through  
Prayer & Worship

## Daily Worship

Why not take on joining the Cathedral Community for Daily Prayer and worship as part of your Lent devotion? At the Tuesday evening Eucharist through Lent there will be a short meditation to help us in our Lent devotions.

## Eucharist, Morning and Evening Prayer/Choral Evensong

### Monday

9am Morning Prayer  
9.30am Holy Eucharist  
5pm Evening Prayer

### Tuesday

9am Morning Prayer  
5pm Evening Prayer  
6pm Holy Eucharist & Meditation

### Wednesday

9am Morning Prayer  
10.30am Holy Eucharist  
6.15pm Sung Evening Prayer or 5pm Evening Prayer

### Thursday

9am Morning Prayer  
10am Holy Eucharist *at the Parish Church*  
5pm Evening Prayer

### Friday

9am Morning Prayer  
9.30am Offeren (Welsh Eucharist)  
6pm Choral Evensong or 5pm Evening Prayer -  
(see Sunday Sheet or Website)

### Saturday

9am Morning Prayer  
5pm Evening Prayer

## Sundays and Holy Days of Lent

### Wednesday 14<sup>th</sup> February – ASH WEDNESDAY

10.30am Holy Eucharist & Imposition of Ashes *at the Parish Church*

6pm Holy Eucharist & Imposition of Ashes *at the Cathedral*

### Sunday 18<sup>th</sup> February – Lent 1

9.30am All-Age/Family Eucharist *at the Parish Church*

9.30am Holy Eucharist *at St Mary's Cefn*

11am The Litany & Cathedral Eucharist

3.30pm Evening Prayer

### Sunday 25<sup>th</sup> February – Lent 2

9.30am The Parish Eucharist

11am The Cathedral Eucharist

3.30pm Choral Evensong

### Friday 1<sup>st</sup> March – St David

6pm Choral Eucharist

### Sunday 3<sup>rd</sup> March – Lent 3

9.30am The Parish Eucharist *at the Parish Church*

9.30am Holy Eucharist *at St Mary's Cefn*

11am The Cathedral Eucharist

11am Messy Church *at the Parish Church*

3.30pm Choral Evensong

### Sunday 10<sup>th</sup> March – Lent 4 (Mothering Sunday)

9.30am All-Age/Family Eucharist *at the Parish Church*

11am Cathedral Eucharist

3.30pm Choral Evensong

### Sunday 17<sup>th</sup> March – Lent 5 (Passiontide begins)

9.30am All-Age/Family Eucharist *at the Parish Church*

9.30am Holy Eucharist *at St Mary's Cefn*

11am Cathedral Eucharist

3.30pm Choral Evensong

6.30pm Service of Healing with Laying on of Hands & Anointing *at the Parish Church*

## Holy Week

*This year the preacher for Holy Week will be the Canon Precentor,  
Fr Rex Matthias*



# Holy Week

### **24<sup>th</sup> March – Palm Sunday**

9.30am Blessing of Palms & Parish Eucharist *at the Parish Church*

11am Blessing of Palms, Procession & Cathedral Eucharist

1.30pm Service & Palm Sunday Procession *from St Mary's Cefn  
to the Cathedral*

3.30pm Choral Evensong

### **25<sup>th</sup> March - Monday of Holy Week**

9am Morning Prayer

6pm Evening Prayer

7pm Holy Eucharist & Address

### **26<sup>th</sup> March – Tuesday of Holy Week**

9am Morning Prayer

6pm Evening Prayer

7pm Holy Eucharist & Address

### **27<sup>th</sup> March – Wednesday of Holy Week**

9am Morning Prayer

6pm Evening Prayer

7pm Holy Eucharist & Address

## **28<sup>th</sup> March – Maundy Thursday**

8am Morning Prayer  
11am Diocesan Chrism Mass  
5pm Evening Prayer  
7pm Choral Eucharist of the Last Supper  
& Watch of Prayer  
10pm Night Prayer (Compline)

## **29<sup>th</sup> March – Good Friday**

9am Morning Prayer  
10am All-Age Good Friday Service *at the Parish Church*  
1.30pm The Solemn Good Friday Liturgy

## **30<sup>th</sup> March – Holy Saturday**

9am Morning Prayer  
7pm Solemn Vigil, Lighting of the Paschal Candle and 1<sup>st</sup> Eucharist of Easter

## **31<sup>st</sup> March – EASTER DAY**

9.30am The Parish Eucharist *at the Parish Church*  
9.30am Holy Eucharist *at St Mary's Cefn*  
11am The Cathedral Eucharist  
3.30pm Solemn Choral Evensong

**From Easter Monday the Daily Service times return to normal**



## Next time it will be different

How many times have we said this to ourselves? It is usually combined with saying something like, I wish I had done this or I wish I had tried that. Next time I will do it differently. We have started our Lenten journey. Looking back over the past few years of our Lent journeys are we thinking, I wish I had done it differently? Of course changing our Lenten discipline is ok. If we have to fine tune it or even radically rethink it that is fine. There is no set pattern, no right Lent or wrong Lent. But how difficult it is to change something once we have started it! Most of us have been brought up with the idea that once you choose something you stick to it! And in many aspects of life this is the best policy. But with our spiritual life it may be slightly different. Sticking with something just because we started it might not be exactly where God wants us to be. Any relationship changes: think about our different relationships with any members of our family or friends – they change, develop and re-work themselves almost constantly as we grow to love and respect each other. Sadly for many Christians the relationship they have with God is one that they started in their childhood but have never really looked at closely enough to change, develop and re-work as they grow older. Even though their views of life and their experience of the world changes, the God they received as a child stays the same. It is our duty as Christians to let our relationship with the Lord change and deepen – not just over the years of life, but over the days, hours and minutes that we spend with him. It isn't easy to change something in life – we are often stuck with something we chose earlier on. But God is ever new and our relationship with him must also be ever new. Lent is the obvious time to deepen and discover this relationship but look what is coming! Easter! That rebirth, that new life, that wonderful expression of a new, living, dynamic relationship with God through the risen Christ. If we go through Holy Week without disturbing and rethinking our relationship with God then we have missed the point. And if we go through Easter without any sense of the power of God to transform our lives through our relationship with him, then again, we have missed the point.

These holy days and the celebration of Easter are not re-enactments that just comfort us and help us to look back. We live them for real, immersing ourselves in the reality of the events which transform, deepen and resurrect our living relationship with God. What will you do differently? Will you let the power of the Resurrection change your life?

## Messy Church Easter Holiday Club

Come and join this year's Messy Church Easter Club at the Parish Church. Lots of fun, activities and food for children as we look at the events Easter.

Tuesday 2<sup>nd</sup> April to Thursday 5<sup>th</sup> April: 10am to 12.30pm each day.

There is no charge for the children to attend, but donations are very welcome!

Further information from Marion Hughes: [marionkh@btinternet.com](mailto:marionkh@btinternet.com)

See also the Messy Church page on FaceBook



# Holy Week

## Contact

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